



10M turn around at Lynchville Park Rd, Goffstown

10K turn around.

10M route continues straight.

Start Finish Arms Park

UPDATED COURSE
 TIR 10M / 10K
 Saturday, May 13th at 8 a.m.

START/FINISH: Arms Park
 RIGHT (south) on Commercial St
 Continue straight on S. Commercial St.
 Remain on S. Commercial behind the Fisher Cats Stadium
 South Commercial St. becomes Riverwalk Way
 RIGHT on the Rail Trail
 RIGHT up the ramp and across the footbridge
 Turn around / near Thibault Field / return same as outbound route.

10M Route continues in Goffstown with turnaround at the intersection of the Rail Trail and Lynchville Park Road.
 Return is the same as the outbound route.