

AnthemLife
**TOTAL IMAGE
RUNNING**
HALF MARATHON • 10M • 10K

TIR HALF MARATHON COURSE MAP

 COURSE ROUTE

1

COURSE MILE MARKERS



ENERGY GEL STOP



WATER STOP



FIRST AID STATION

Half Marathon turn by turn directions

- Start Arms Park
- Right on Commercial St
- Right on Line Drive
- On Manchester Rail Trail
- Across footbridge
- Continue on the rail trail
- Right on Henry Bridge Road
- Left on New Road
- Left on Greer Road
- Left on Mast Road
- Left back onto the rail trail
- Out and back to finish

